



P.R.I.D.E.

CANCER WELLNESS PROGRAM

*Power to **R**ecover through **I**ndividualized **D**evelopment and **E**xercise*

An 8-week wellness program designed to assist in managing the physical, social, psychological and spiritual side effects of cancer treatment for both patients and survivors during treatment and recovery phases.

660 Summit Crossing Place, Suite 302
Gastonia, NC 28054

Contact Amanda Lee at 704.671.7930 or amanda.lee@caromonthealth.org with any questions.

